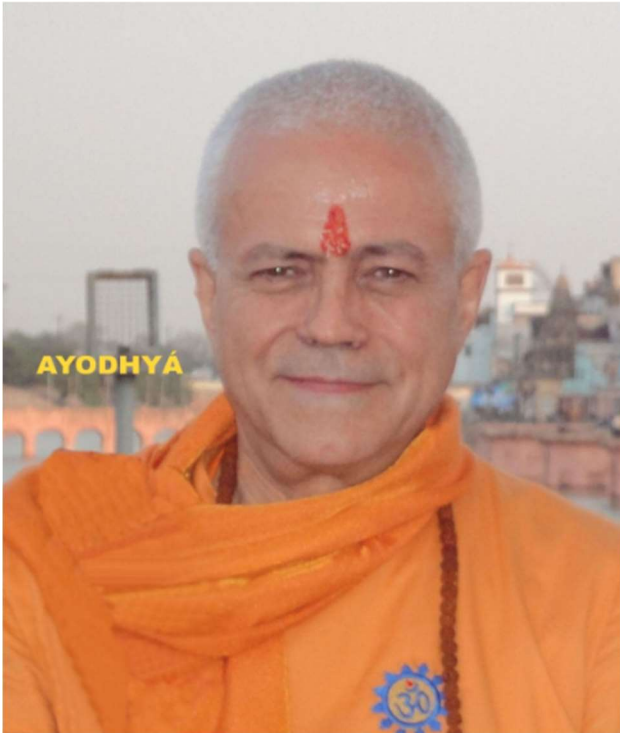


# Biographical Note



## H.H. JAGAT GURU AMRТА SÚRYÁNANDA MAHÁ RÁJA

### H.H. JAGAT GURU AMRТА SÚRYÁNANDA MAHÁ RÁJA

Is an International Yoga Grand Master and is currently the President of the European Yoga Confederation. He is also the President of the Portuguese Yoga Confederation and a member of the Yoga Steering Committee of Quality Council of India (QCI). This Committee aims to establish and create quality standards in the training of Yoga Professionals.

He has been instrumental in propagating the creation of June 21st as the International Day of Yoga which was made official by the United Nations in 2014. He had also proposed to the Governments of India and Portugal that Yoga should be declared by UNESCO, an Intangible Cultural Heritage of Humanity, which eventually happened by initiative of India in 2016, October 5th, in Adis Abeba, Ethiopia.

Amongst many awards and recognitions received throughout the globe, he has been awarded the Padma Shrí Award – one of the Highest Distinction granted by the Government of India (and for the first time granted to a Portuguese), due to his meritorious work towards the Traditional Yoga of India in the World.

H.H. JAGAT GURU AMRТА SÚRYÁNANDA MAHÁ RÁJA was awarded Honorific DLitt Degree by the University of Bengaluru (S-VYASA), India. He began the study and practice of the Yoga Philosophy in 1970, he found in Shivánanda Áshrama from Rishikesh / Divine Life Society, the School of his heart; where he received Param Pará in the beginning of the 80's, from Shrí Svámin Krshnánanda Jí, under the auspices of HH Svámin Chidánanda Sarasvatí Mahá Rája, from the Lineage of HH Shrí Svámin Shivánanda Sarasvatí Mahá Rája.

